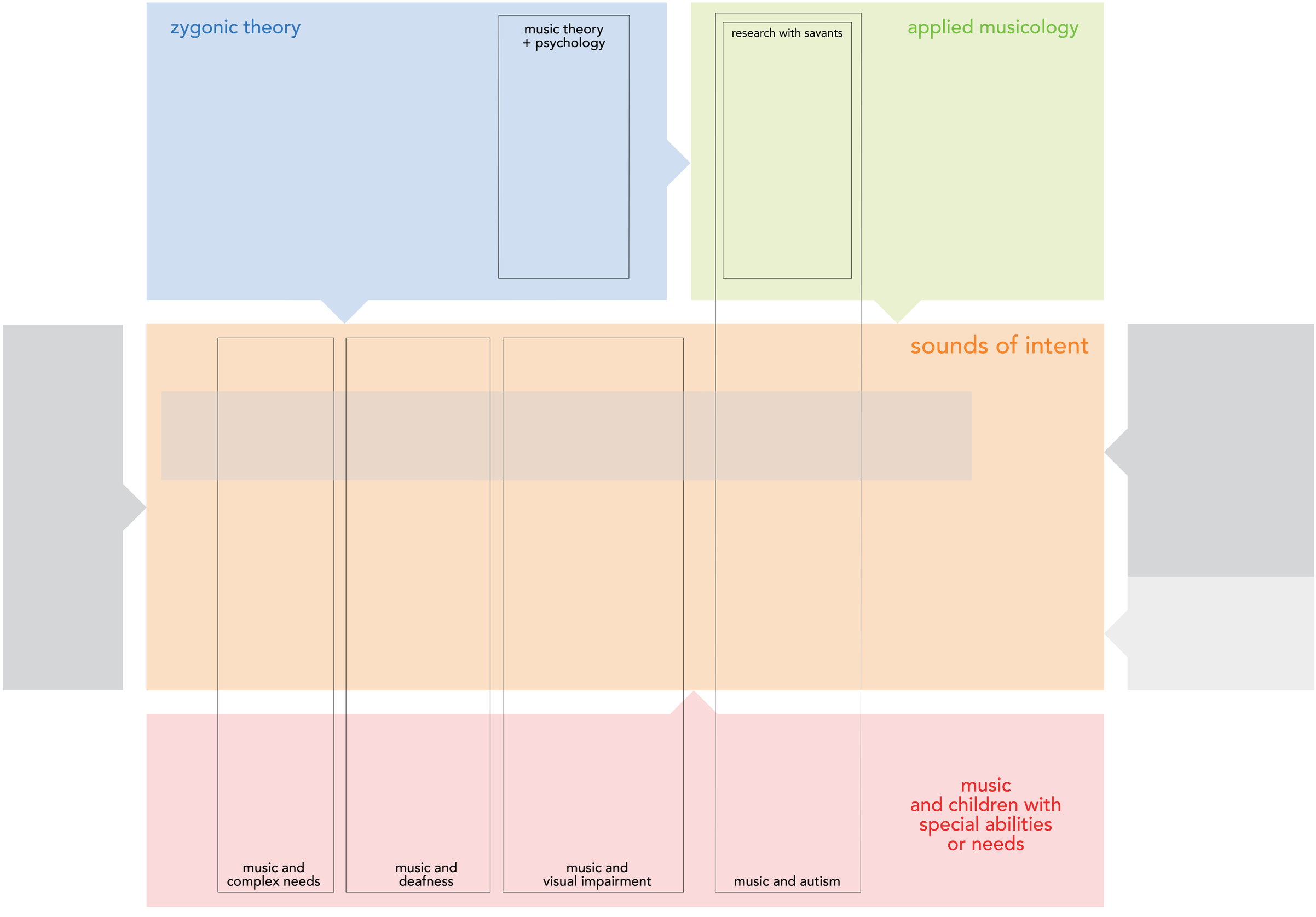Phase 2 ‘Top down’: incorporating a theory of how music makes sense to us all